

Abstract

Compare the moral distress in nurses in emergency departments and intensive care wards in Ardabil in 1395

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Background and Aim: Nursing is one of the most important and vital occupations in the health system of a country. Nurses as the main members of the care and treatment team are at the forefront of health care provision and their performance largely determines the quality of health care.

Moral distress has a significant role in the sense of losing the integrity and dissatisfaction of nurses in their work environment and can affect the quality and cost of nursing care. The aim of this study is comparing the moral distress of nurses working in emergency departments and intensive care wards of hospitals in Ardebil.

Methodology: This descriptive-analytical study was carried out on 438 nurses working in emergency departments and intensive care units of hospitals in Ardabil city using census sampling. The data gathering tool was a demographic questionnaire and a three-dimensional questionnaire for the ethics of nurses. Descriptive statistics (mean, standard deviation and frequency) and inferential statistics (T test and one way ANOVA) were used to analyze the data.

Findings: The findings indicated that the mean moral distress of nurses in Emergency departments in Ardebil is at the moderate level ($1/87 \pm 0/89$) and the mean of moral distress in the nurses of the intensive care units of Ardebil is more than average ($2/15 \pm 0/99$). The average moral distress in nurses in emergency departments and in intensive care was higher than other areas in terms of non-observance of ethical principles.

Conclusion: The results of this study indicate that the mean of moral distress in nurses of the intensive care units of Ardabil is more than nurses in emergency departments in Ardebil. Therefore, the managers of the organization should adopt the necessary methods and tools to identify the symptoms and detected factors affecting the moral distress in nurses (especially nurses working in special sectors).

Keywords: Moral distress, emergency department, Intensive Care unit, Nurse