

## Investigating the Relationship between Personality Traits and Attitudes Toward Death in the Elderly in Ardabil Province

### **Abstract**

**Background and Objective:** *The aim of this study was to determine the relationship between personality traits and attitudes toward death in the elderly in Ardabil.*

**Methods:** *This study is descriptive-analytical (correlation). The statistical population of the study included all elderly people covered by health centers living in Ardabil province. The sampling method was randomly classified and using this method, 100 elderly people were selected as the sample group. Data were collected using the Demographic and NEO5 Features Questionnaire (Short Form) and the Revised Half Death Questionnaire (IIDAPR).*

**Results:** *The aim of this study was to investigate the relationship between personality traits and attitudes toward death in the elderly in Ardabil province. The results showed that there is a negative relationship between the components of neuroticism and openness with fear of death and avoidance of death and with negative acceptance, tendency to accept and avoidance acceptance in the elderly has a significant positive relationship ( $p < 0.01$ ). . There was also a statistically significant relationship between extraversion and avoidance of death and trend orientation ( $P < 0.05$ ). There is a significant negative relationship between the component of adaptability with fear of death and avoidance of death and with positive acceptance and avoidance acceptance in the elderly, there is a significant positive relationship ( $P < 0.05$ ). There is a significant positive relationship between the component of conscientiousness with neutral acceptance and avoidant acceptance in the elderly ( $p < 0.05$ ). In addition, the results of regression analysis showed that 29% of the general attitude towards death in the elderly is explained by personality traits ( $p < 0.05$ ). As a result, personality traits can predict attitudes toward death in the elderly.*

**Conclusion:** *As a result, personality traits can predict attitudes toward death in the elderly.*

**Keywords:** *Attitudes toward death, personality, the elderly*