

Abstract:

Background and Aim: Nurses as the key members of the healthcare team are at the forefront of providing health services and their performance largely determines the quality of health care. As nursing practice is a moral and ethical issue in itself, nurses are responsible and committed to adhering to the professional ethics of nursing. So The aim of this study was to determine the compliance Rate of nursing professional ethics from the viewpoints of nurses and patients in Ardabil hospitals in 2018.

Methods: This study is a descriptive-analytical study which was performed with the participation of 122 nurses working in probable sampling by stratified sampling and 374 hospitalized patients in different hospitals of Ardabil city using non probability sampling by quota method. . Data gathering tool was nursing professional ethics questionnaire from the point of view of nurses Esmail Pourzanjani et al. Questionnaires and colleagues 'questionnaires were used to assess patients' views. The validity and reliability of both questionnaires were confirmed in previous studies. Descriptive statistics (mean, standard deviation and frequency) and inferential statistics (T-Test and Chi-square test) were used for data analysis.

Results: The results showed that 72.7% of the patients evaluated nurses' performance in accordance with good nursing ethics and 2.7% as poor. The majority of nurses (98.4%) rated their performance as good. Results showed that there was a significant difference between nurses 'and patients' viewpoints regarding adherence to professional ethics ($P \leq 0.001$).

Conclusion: The results of this study indicate that nurses view of professional ethics is more than patients. Therefore, in future studies, there is a need to examine the causes of this difference and identify the relevant causes, and organization managers should make effective planning to address the shortcomings and reduce the disparity between the two perspectives.

Keywords: Professional Ethics, Nurses Performance, Patient, Nurse