

## **Explaining experiences of impact of poverty on child health in Ardabil suburbs**

### **Abstract**

**Background:** Among the problems that appear in marginalized populations after long-term poverty is children's disease. Poverty in the long-term has the power to create diseases that last a long time after poverty and come to life in society. In fact, when a family finds themselves in poverty, they have to adapt their way of life to the extent of poverty. This coordination has become a habit over time, and in order to eliminate or reduce it, it is necessary to reduce the basic needs that provide the ground for the occurrence of various diseases in children.

**Aim:** This study examined some of the widespread implications of poverty on children's health. Isolation, moral and religious weakness, low self-esteem, anxiety and mental disorders can be among these destructive effects. Poverty in the family, failure to meet the basic needs of the family, polluted environment, etc. are also among the causes of disease in children.

**Material and methods:** In order to explain the experiences of living with poverty and its impact on children's health in the marginalized populations of Ardabil, a qualitative content analysis method was used. Interviewees were selected from suburban families in Ardabil and with their personal consent in Shahid Bahonar Health Center in Ardabil. After each interview the text of the interview was implemented and analyzed by content analysis method.

**Result:** Almost all possible dimensions of poverty affect children's lives in marginalized areas . Poor infrastructure, unemployment, lack of basic services and income are reflected in lack of education, poor nutrition, violence at home and abroad, child labor, all kinds of diseases.

**Conclusion:** The share of children affected by poverty is higher than other groups in marginalized populations. Children have the least choice and ability to change what happens to them. They can't and will not do anything to help their families. The impact of poverty is not just on physical health, It is more about mental and psychological health, which affects the mental, physical and behavioral health of children in different ways.

**Key words:** poverty, child health, suburbs.