

Identifying the perceived experience of hospitalized patients from being hospitalized in the psychiatric ward: a phenomenological study

Background: Unfortunately, in most developing countries, less attention is paid to patients hospitalized in the psychiatric department. There are few studies that have identified the experiences of mental patients from hospitalization. Despite its great importance, this subject has been forgotten in the field of psychiatry. Therefore, the present study was conducted with the aim of explaining the perceived experiences of patients during hospitalization in the psychiatric ward and investigating the relationship between individual structures, treatment process, systemic structures and interactive structures with the experiences of patients hospitalized in the psychiatric ward of Fatemi Hospital.

Aim: To identify the perceived experiences of patients admitted to the psychiatric ward.

Materials and Methods: The present study was a qualitative study with a phenomenological approach. which was done by content analysis by maxqda version 10 software. The data collection method was in-depth and semi-structured interviews until data saturation was reached.

Results: Patients expressed a wide range of feelings about being admitted to the hospital, and 11 main concepts were extracted, including:(lack of freedom, fear of stigma, feeling hopeless, useful treatment, doctor not caring about the patient's needs, lack of entertainment, lack of hygiene, poor food condition , lack of respect for privacy, close communication with nurses and intimate communication with patients.)

Conclusion: The experiences of mental patients were more about the individual structure, treatment process and systemic and interactive factors with the treatment staff and patients.Policies and planning should help to respond appropriately to the experiences of patients in the psychiatric department and improve its shortcomings.

Keywords: Experience-mental illness-phenomenology-psychiatry