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# Curcumin-Loaded Chitosan Nanoparticle Preparation and Its Protective Effect on Celecoxib-induced Toxicity in Rat isolated Cardiomyocytes and Mitochondria

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## Key word

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## ABSTRACT

Curcumin has a wide range of pharmacological activities, including antioxidant, anti-inflammatory and tissue protective. In here we hypothesized that curcumin-loaded chitosan-coated solid lipid nanoparticles (CuCsSLN) are able to increase its overall bioavailability and hence its antioxidant and mitochondria-/lysosomal protective properties of curcumin. CuCsSLN were prepared using solvent diffusion technique for formation of solid lipid nanoparticles (SLNs) and electrostatic coating of positive-charged chitosan to negative surface of SLNs. CuCsSLN showed the encapsulation efficiency of  $91.4 \pm 2.7\%$ , the mean particle size of  $208 \pm 9$  nm, the polydispersity index of  $0.34 \pm 0.07$ , and the zeta potential of  $+53.5 \pm 3.7$  mV. The scanning electron microscope (SEM) images of nanoparticles verified their nanometric size and also spherical shape. Curcumin was released from CuCsSLN in a sustain release pattern up to 24 hours. Then isolated cardiomyocytes and mitochondria were simultaneously treated with (1) control (0.05 % ethanol), (2) celecoxib (20  $\mu$ g/ml) treatment, (3) celecoxib (20  $\mu$ g/ml) + CuCsSLN (1  $\mu$ g/ml) treatment, (4) CuCsSLN (1  $\mu$ g/ml) treatment, (5) celecoxib (20  $\mu$ g/ml) + curcumin (10  $\mu$ M) treatment and (6) curcumin (10  $\mu$ M) treatment for 4 h at 37 °C. The results showed that celecoxib (20  $\mu$ g/ml) induced a significant increase in cytotoxicity, reactive oxygen species (ROS) formation, mitochondria membrane potential ( $\Delta\Psi$ m) collapse, lipid peroxidation, oxidative stress and mitochondrial swelling while CuCsSLN and curcumin reverted the above toxic effect of celecoxib. Our data indicated that the effect of CuCsSLN in a number of experiments, is significantly better than that of curcumin which shows the role of chitosan nanoparticles in increasing effect of curcumin.

## Introduction

The systems of nano delivery and nanomedicine are a new and developing science. These materials are used to deliver therapeutic agents to specific targeted sites in a controlled manner and as diagnostic tools in the nanoscale range [1]. Nanotechnology-based drug delivery systems suggests multiple benefits in preventing and treating human diseases by target-oriented delivery and site-spe-

cific of precise medicines [2]. Recently, there are a number of prominent uses of the nanoparticles and nanomedicine in the treatment of different diseases such as biological agents, chemotherapeutic agents, immunotherapeutic agents etc. [3]. The chitosan-coated solid lipid nanoparticles are biocompatible and biodegradable nanocarriers which composed from a lipid core that coated with chitosan polymer chains. This connection is stabilized via electrostatic interactions between anionic surface of lipids and protonated

amine functional groups of chitosan. These nanoparticles showed the advantageous of both constituents: SLNs and chitosan. SLNs have the capability of loading lipophilic active ingredients which composed the majority of current drugs. Chitosan nanoparticles are used and approved for wound dressing applications, sustained release and mucoadhesive chitosan dosage forms [4]. The chitosan-based nanoparticles have been used as a carrier for drug delivery through various routes of administration. This chemical has functional groups that can be altered to arrive specific target, this property making it a polymer with an enormous range of potential applications [5]. The chitosan-coated SLNs and chitosan derivatives typically have an adhesive properties and positive surface charge that can adhere to membranes and release the drug payload in a controlled manner [6]. Also, because of low toxicity of this carrier in both in vitro and some in vivo models, it showed miscellaneous applications in non-parenteral drug delivery for the treatment of cardiovascular diseases (CVDs), gastrointestinal diseases, pulmonary diseases, cancer, drug delivery to the ocular and brain infections [4, 7].

From many years ago, humans have widely used plant-based natural products as medicines for prevention and treatment of various diseases. Approximately, 25 % of the pharmaceutical agents and their derivatives existing now are obtained from natural sources [8]. Despite prominent role of natural products in prevention and treatment of several major diseases, including cardiovascular, diabetes, cancer, microbial, and inflammatory diseases, and other unique advantages, such as good therapeutic potential, low-price, lower toxicity and side effects, because of concerns associated with poor bioavailability, poor absorption in the body poor, solubility, in vivo instability and issues with target-specific delivery, pharmaceutical companies are hesitant to invest more in natural product-based drug [9]. In consequence, many natural products are not clearing the clinical trial phases because of these problems [10, 11]. Hence, using novel nanotechnology-based drug delivery systems for targeting the specific targets in cell and body could be an option that might solve above mentioned problems [12]. Nanotechnology employs curative agents with sizes ranged between 1 and 100 nm (nanoscale level) to develop nanomedicines [13, 14]. Nanomedicines indicate higher bioavailability because they show typical uptake mechanisms of absorptive endocytosis [15]. Therefore, nanotechnology has a significant role in advanced medicine formulations, targeting, controlled drug release and delivery with massive success.

Celecoxib (CEL) as a selective cyclooxygenase-2 (COX-2) inhibitors has the potential of the cardiotoxic effects [16]. Celecoxib may cause a significant increase in critical cardiotoxic effects, such as congestive heart failure, stroke or myocardial infarction [17, 18]. It has been reported that serious cardiovascular events in patients receiving celecoxib is approximately 2.5 % [19]. The unpleasant cardiovascular effects of nonsteroidal anti-inflammatory drug (NSAIDs) may be due to the oxidative stress [20]. Published data have been demonstrated that NSAIDs induce ROS and mitochondrial damages in different cell types including cardiac related cells and cardiomyocytes [20]. Also, it is concluded that NSAIDs promote the mitochondrial permeability transition under conditions of oxidative stress [21]. It is evident that mitochondrial dysfunction is at the core of cardiovascular toxicity induced by some NSAIDs [22].

Recently, the oxidative stress and mitochondria-related mechanisms of drug-induced cardiotoxicity have been extensively studied [17]. Accumulated data indicates that natural products such as curcumin have great effects in preventing and treating oxidative stress and mitochondria-mediated cardiotoxicity [23]. Curcumin has the cardioprotective effect against cardiotoxicity induced by drugs and chemicals [24]. It has been reported that curcumin scavenges superoxide anion and hydroxyl radicals and inhibits lipid peroxidation [25]. Therefore, in the current study, for the first time, we prepare curcumin-loaded chitosan nanoparticles and evaluate their potential protective against celecoxib-induced cytotoxicity and mitochondrial toxicity on isolated rat heart mitochondria and cardiomyocytes.

## Materials and Methods

### Preparation of Chitosan Nanoparticles

Solid lipid nanoparticles were prepared using solvent dispersion technique. First an organic phase consisting stearic acid (SA, 150 mg), glyceryl mono stearate (GMS, 50 mg) and curcumin (20 mg) in 20 ml of Ethanol was prepared and after solution of all ingredients with the aid of temperature, this phase was diffused dropwise into 100 ml of an aqueous phase containing 2 % of tween 80 as the surfactant under stirring at 1000 rpm. The temperature of two phases were kept constant at 60 °C until the addition of ethanolic phase was done. After that, the heating was stopped until the mixture reached to room temperature. The formed SLNs were collected for further applications.

To coat the surface of SLNs with chitosan polymer, 25 ml of SLNs mixture was added dropwise to 25 ml of 0.2 % chitosan in acetic acid 0.6 % solution under stirring at 500 rpm. After completion of addition, the stirring was continued for 10 min more to form the chitosan-coat SLNs. The nanoparticles were centrifuged at 9000 rpm for 10 min. The supernatant was discarded and the precipitate was lyophilized and kept for further characterizations.

### Characterization of chitosan nanoparticles

To determine the entrapment efficiency (EE) of curcumin in nanoparticles, the concentration of curcumin in supernatant phase of SLNs was measured using spectrophotometric analysis at 2.. nm. The entrapment efficiency was calculated using the following equation:

The drug loading efficiency (DLE) determines the ratio of loaded-drug weight to nanoparticle weight. This parameter was measured in SLNs through dissolution of predetermined amount of lyophilized powder of curcumin-loaded SLNs in specified volume of ethanol and subsequent analysis of curcumin concentration as mentioned above. The equation for calculation of DLE is as follow:

Particle size and particle size distribution analysis of SLNs and CuCs SLNs were done with diffraction light scattering (DLS) technique using Horiba SZ100 instrument (Japan). This method was also utilized to assess the surface charge factor of nanoparticles or zeta potential. The morphology of SLNs and CuCsSLNs was studied using scanning electron microscopy (SEM) analysis (TESCAN model Mira III). The freeze-dried nanoparticles were coated with gold and their surface properties were examined.

The release pattern of curcumin from CuCsSLN was studied using dialysis bag method. Precise weighted number of nanoparticles was poured into prepared dialysis bags. These bags were immersed and suspended in phosphate buffer saline (PBS) as release media. The release test has been done in constant temperature at 37 °C and stirring condition (50 rpm). At predetermined intervals, 1 mL of this media was picked and the curcumin concentration was measured spectrophotometrically at 421 nm. The release diagram was plotted as cumulative percent of loaded curcumin against time.

## Animals

Nine-week-old adult male Wistar rats (200–250 g each) were purchased from the Pasteur Institute of Iran (Tehran, Iran). Animals were maintained on standard lab diet and housed in polycarbonate cages in a room free from any source of chemical contamination, thermally controlled ( $25 \pm 1$  °C) and artificially illuminated (12 h dark/light cycle) at the Animal House of School of Pharmacy, Ardabil University of Medical Sciences, (Ardabil, Iran). All animals were received humane care in compliance with the guidelines of the Ethics Committee of Ardabil University of Medical Sciences (ethics code: IR.ARUMS.REC.1398.355)

## Chemicals and Reagents

Bovine Serum Albumin (BSA), Monopotassium phosphate, 2-Amino-2-hydroxymethyl-propane-1,3-diol (TRIS), Collagenase (Type II), Fetal Bovine Serum (FBS), 199 Medium, N-(2-hydroxyethyl) piperazine-N'-(2-ethanesulfonic acid) (HEPES), Penicillin and Streptomycin Solution, 4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), Acridine Orange, 3-morpholinopropane-1-sulfonic acid (MOPS), Rhodamine 123, Trypan blue, Hank's Balanced Salt Solution (HBSS), Sucrose, 2',7'-Dichlorofluorescein Diacetate (DCFH-DA), Carnitine, Creatine, Taurine, Butylated hydroxytoluene (BHT), Dimethyl sulfoxide (DMSO), D-mannitol, Potassium chloride, Sodium succinate, Rotenone, Magnesium chloride, and Curcumin with purity 99 % were purchased from Sigma (St. Louis, MO USA). Celecoxib with CAS number 169590–42–5 and a purity of about 99 %, was gifted from Zahravi Pharmaceutical Company, Iran. It was freshly prepared before use and dissolved in normal saline 0.9 % w/v.

## Adult Rat Cardiomyocyte Isolation

Adult ventricular cardiomyocytes were isolated from adult male Wistar rats. Rats were intraperitoneally anesthetized with combination of ketamine (50 mg/kg) and xylazine (10 mg/kg). After rats appeared calm, hearts were quickly excised, and directly perfused on a modified Langendorff perfusion apparatus with Powell medium (containing: 110 mM NaCl, 1.2 MgSO<sub>4</sub> 7H<sub>2</sub>O, 2.5 mM KCl, 1.2 mM KH<sub>2</sub>PO<sub>4</sub>, 25 mM Hepes and 10 mM D (+)-Glucose monohydrate in ultra-pure sterile water with pH = 7.4 adjusted with 2 M NaOH) for 5 mins. Powell medium were replaced by enzyme mixtures containing 30 µM CaCl<sub>2</sub> and 5 mg/ml collagenase, in warm Powell medium for 25 minutes. Then, hearts were dissected mechanically to small pieces and shaken in flasks with enzyme mixture for another 10 minutes. The collagenase digested ventricle suspensions were then filtered through a sieve (180 µm) to remove remnants of connective tissues. After rinsing with Powell medium, cell

suspensions were placed on top of BSA solution where non-cardiomyocytes were removed by a density gradient. Isolated cardiomyocytes were suspended in CCT medium containing taurine, creatine and carnitine in medium 199 supplemented with antibiotics (100 µg/ml penicillin and 100 µg/ml streptomycin) at 37 °C under a 5 % CO<sub>2</sub> – 95 % air atmosphere. One hour after plating, the CCT medium was changed to remove unattached dead [26].

## Cell treatments

Isolated cardiomyocytes were incubated with celecoxib and/or CuCsSLN (1 ml of CuCsSLN suspension containing 1 µg of curcumin), curcumin (3.6 µg/ml) in 5 % CO<sub>2</sub> at 37 °C for 4 h. In our study we have six treatment groups including: (1) control (0.05 % ethanol), (2) celecoxib (20 µg/ml) treatment, (3) celecoxib (20 µg/ml) + CuCsSLN (1 µg/ml) treatment, (4) CuCsSLN (1 µg/ml) treatment, (5) celecoxib (20 µg/ml) + curcumin (3.6 µg/ml) treatment and (6) curcumin (3.6 µg/ml) treatment, all group incubated in CCT medium supplemented with 10 % FBS and antibiotics (100 µg/ml streptomycin and 100 µg/ml penicillin) at 37 °C under a 5 % CO<sub>2</sub> – 95 % air atmosphere. After 4 h of treatment, the cells were collected for cell viability, ROS formation, mitochondrial and lysosomal damages, GSH depletion and lipid peroxidation analysis.

## Detection of Cell Viability in Isolated Cardiomyocytes

Isolated cardiomyocytes viability was determined by MTT assay. Isolated cardiomyocytes were treated with MTT at 0.5 mg/ml. The purple formazan crystals were dissolved in DMSO. Solutions were then loaded in a 96 well plate, and determined on an automated microplate spectrophotometer at 570 nm. Each condition tested was performed in triplicate in each experiment. All experiments were performed in three separate experiments [27].

## Detection of Reactive Oxygen Species (ROS) in Isolated Cardiomyocytes

ROS generation in isolated cardiomyocytes was detected by DCFH-DA [28, 29]. After 4 hours of incubation, isolated cardiomyocytes were washed with PBS and suspended in PBS containing 5 µM DCFH-DA. Aliquots of the isolated cardiomyocytes suspension that were previously stained with DCFH-DA were isolated from the incubation medium by 1 min centrifugation at 1000 rpm. Cardiomyocytes washing was performed twice to delete the fluorescent dye from the CCT medium. Afterwards, ROS generation was measured by flow cytometry (Cyflow Space-Partec) and mean of fluorescence intensities of DCF were compared between treated groups.

## Detection of Mitochondrial Membrane Potential Collapse in Isolated Cardiomyocytes

The fluorescent dye rhodamine 123, which selectively accumulates in mitochondria was used for detection of  $\Delta\Psi_m$  collapse in isolated cardiomyocytes. After 4 hours of incubation, the isolated cardiomyocytes were washed with PBS and suspended in PBS containing 5 µM rhodamine 123. The isolated cardiomyocytes suspension that was previously stained with rhodamine 123 were isolated from the CCT medium by centrifugation at 1000 rpm for 1 min. The isolated cardiomyocytes were washed by PBS twice to delete the fluorescent dye from the media. Afterwards,  $\Delta\Psi_m$  collapse was measured using flow cytometry (Cyflow Space-Partec) and the mean of fluo-

rescence intensities of rhodamine 123 were compared between treated groups [30].

### Detection of Lysosomal Membrane Stability in Isolated Cardiomyocytes

The redistribution of the fluorescent dye, acridine orange (AO) was used for detection of lysosomal membrane stability in isolated cardiomyocytes. After 4 hours of incubation, the isolated cardiomyocytes were washed with PBS and suspended in PBS containing 5  $\mu$ M acridine orange. The isolated cardiomyocytes suspension that was previously stained with acridine orange were isolated from the incubation medium by centrifugation at 1000 rpm for 1 min. The cells were washed by PBS twice to delete the fluorescent dye from the CCT medium. Afterwards, lysosomal membrane stability were detected by flow cytometry (Cyflow Space-Partec) and mean of fluorescence intensities of AO were compared between treated groups [30].

### Detection of GSH and GSSG Content in Isolated Cardiomyocytes

Isolated cardiomyocytes reduced glutathione (GSH) and oxidized glutathione (GSSG) content was determined by Hissin and Hilf method [31]. After 4 hours of incubation, the isolated cardiomyocytes were washed with PBS twice and resuspended in 1 mL of phosphate buffer (0.1 mol/L with pH 7.4) and using homogenizer mechanically lysed. The lysed cells were centrifuged at 8,000  $\times$  g at 4°C for 10 min and supernatants were collected. For determination of GSH, 100  $\mu$ L supernatant was mixed with 3 mL 500 mM TRIS-HCl (pH 8.0) buffer containing 10 mM DTNB and incubated at 25°C for 15 min. Also, for determination of GSSG, 100  $\mu$ L of supernatant was added to 3 mL of reaction solution containing 500 mM TRIS-HCl (pH 8.0) buffer, glutathione reductase (1 U for each 3-mL reaction solution), 3 mM MgCl<sub>2</sub>, 1 mM EDTA, 150  $\mu$ M NADPH, then was add 100 mM DTNB to a final concentration of 10 mM and incubate at 25°C for 15 min. The absorbance of developed color was determined at 412 nm by spectrophotometer (BioTek, USA).

### Detection of Malondialdehyde Content in Isolated Cardiomyocytes

Isolated cardiomyocytes lipid peroxidation was measured by detecting the amount of malondialdehyde (MDA) formed during the decomposition of fatty acids within cells. After 4 hours of incubation, the isolated cardiomyocytes were washed with PBS, and using homogenizer mechanically lysed in a tube containing 1 mL 0.1 % (w/v) trichloroacetic acid (TCA). Afterwards, the lysate was centrifugate at 10,000  $\times$  g for 10 min, the supernatant transferred to new tube containing 4 mL of 20 % TCA containing 0.5 % TBA. The supernatant was boiled in above mixture for 15 minutes at 90°C. After quick cooling, the mixture was centrifuged at 1000  $\times$  g for 10 min. Colorimetric absorption of supernatant was measured at 532 nm [32].

### Mitochondrial Isolation

After deep anesthesia, the heart was dissected, chopped, cleared from blood and minced with 10 mL glass homogenizer in the isolation buffer (225 mM D-mannitol, 75 mM sucrose, and 0.2 mM EDTA, pH 7.4) on ice. The obtained samples were centrifuged at 1000

for 10 minutes and the pellet was removed. The supernatant with mitochondria was poured into ice-cold tube, followed by centrifugation at 10000 g for 10 minutes [33]. The mitochondrial enriched pellets were suspended in appropriate buffer for each test including succinate dehydrogenase activity and mitochondrial swelling.

### Mitochondria treatments

Isolated mitochondria were incubated with celecoxib and/or CuCsSLN, curcumin in appropriate buffer at 37°C for 1 hour. In here we have six treatment groups including: (1) control (0.05 % ethanol), (2) celecoxib (20  $\mu$ g/mL) treatment, (3) celecoxib (20  $\mu$ g/mL) + CuCsSLN (1  $\mu$ g/mL) treatment, (4) CuCsSLN (1  $\mu$ g/mL) treatment, (5) celecoxib (20  $\mu$ g/mL) + curcumin (3.6  $\mu$ g/mL) treatment and (6) curcumin (3.6  $\mu$ g/mL) treatment. After 1 hour of treatment, the isolated mitochondria were collected for SDH activity and mitochondrial swelling.

### Detection of Succinate Dehydrogenase Activity in Isolated Mitochondria

MTT reduction at 570 nm was used for detection of the SDH activity in isolated mitochondria. Briefly, after incubation of rat heart isolated mitochondria in assay buffer (3 mM HEPES, 5 mM succinate, 70 mM sucrose, 2 mM Tris-phosphate, 230 mM mannitol and 1  $\mu$ M of rotenone) with celecoxib and/or CuCsSLN, curcumin at 37°C for 60 min. After 1 hour of incubation 0.4 % MTT was added and incubated at 37°C for 30 min. The purple formazan crystals were dissolved in DMSO and the absorbance was measured at 570 nm [34, 35].

### Detection of Mitochondrial Swelling in Isolated Mitochondria

Swelling of mitochondria as an indicator of mitochondrial permeability transition pore (mPTP) opening was determined by monitoring the decrease in light scattering at 540 nm [36, 37]. Rat heart isolated mitochondria were incubated at 37°C in 100  $\mu$ L buffer containing 230 mM mannitol, 70 mM sucrose, 3 mM HEPES, 5 mM succinate, 2 mM Tris-phosphate and 1  $\mu$ M of rotenone. The absorbance was monitored at 540 nm during 60 min.

### Statistical Analysis

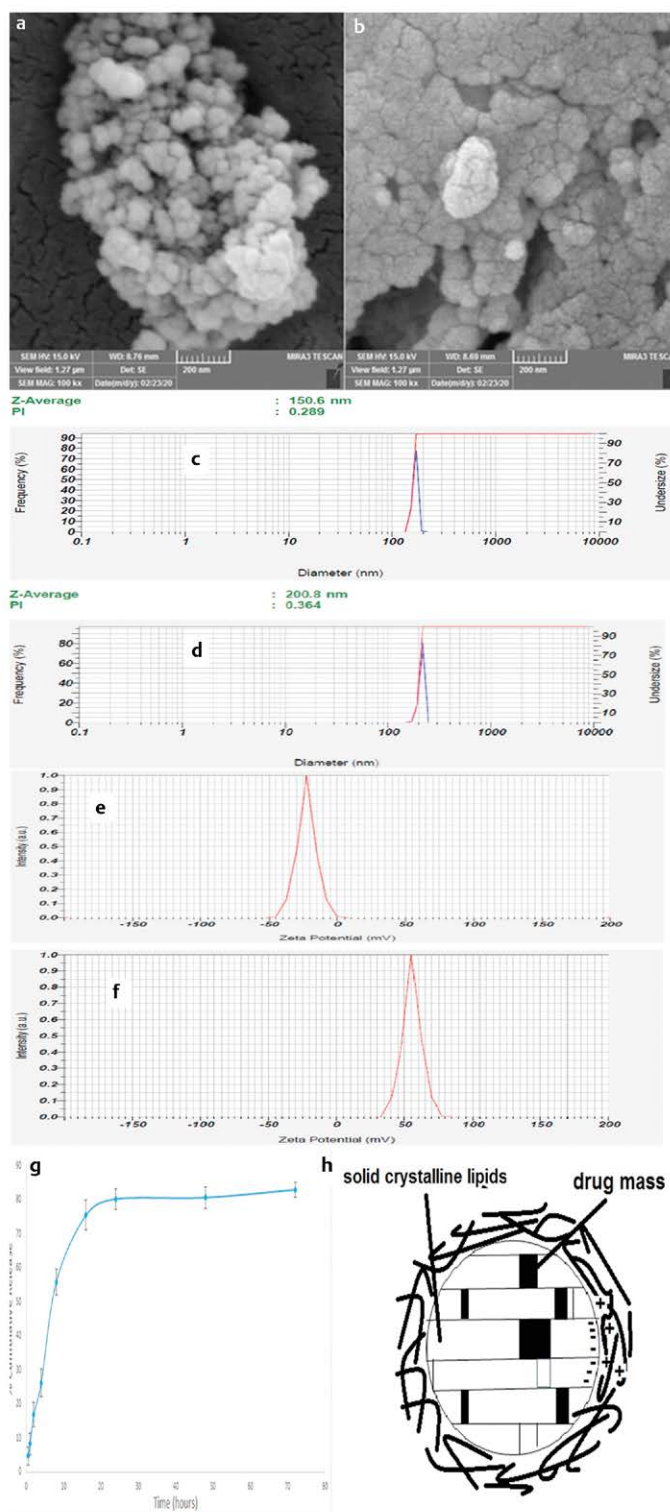
The statistical analysis was performed by two-way ANOVA, followed by Tukey test, through GraphPad Prism version 5. p-Values of less than 0.05 were considered significant. All experiments were carried-out in triplicate. The flow cytometric data was obtained with Cyflow Space-Partec and analyzed by FlowJo.

## Results

### Characterization of CNPs

The mean particle size and particle size distribution analysis of nanoparticle samples (one sample from triplicate measuring) have been shown in ► Fig. 1a–d. As it was seen, curcumin-loaded SLNs had mean particle sizes about 145  $\pm$  11 nm and polydispersity index (PI) of 0.31  $\pm$  0.08. Chitosan-coating caused an increase in particle size up to 208  $\pm$  9 nm and PI = 0.34  $\pm$  0.07. This process also caused an inversion of surface nanoparticle charges from negative values





► **Fig. 1** SEM image of CuCsSLNs (a) and SLNs (b). Particle size distribution of SLNs (c) and CuCsSLNs (d). Zeta potential of SLNs (e) and CuCsSLNs (f). Release profile of curcumin from CuCsSLNs (g). A schematic representation of CsSLNs. The negative surface of SLNs was coated with positively charged chitosan chains (h).

in SLNs ( $-21.5 \pm 1.4$  mV) to positive values in CsSLNs ( $+53.5 \pm 3.7$  mV). The nanoscale dimension of nanoparticles was confirmed using SEM image. SEM image of CuCsSLN have been shown in ► **Fig. 1e**. This image verifies the nanoscale dimension of nanocarriers. These nanoparticles were homogenous, spherical and with distinct smooth surface.

The results of loading experiments showed that  $91.4 \pm 3.3\%$  of used curcumin was incorporated into nanoparticles. The ratio of loaded drug weight to nanocarrier weight which specifies the drug loading efficiency was  $12 \pm 1.3\%$ . The release diagram of curcumin from CuCsSLN has been shown in ► **Fig. 1f**. As it is seen, the curcumin was released from nanocarrier under a sustain manner. There is not seen any significant burst release of curcumin in release profile. The release of curcumin was continued with a relatively constant slope until 24 hours until that it is reached to a steady state condition at about 80 % cumulative drug release.

### Celecoxib-Induced Cytotoxicity Was Ameliorated by CuCsSLN

The results of cell viability on the isolated cardiomyocytes, are indicated in ► **Fig. 2a**. There is a significant decrease in cell viability in the celecoxib group as compared with control group ( $P < 0.001$ ). The groups which were cotreated with celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) remained more viable in comparison with celecoxib group ( $P < 0.01$ ). Also, the group which were cotreated with celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) remained more viable in comparison with celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) ( $P < 0.05$ ). No significant decrease in the isolated cardiomyocytes viability was observed when the cells were treated with CuCsSLN ( $1 \mu\text{g/ml}$ ) and curcumin ( $10 \mu\text{M}$ ) alone as compared with control group.

### Celecoxib-Induced Lipid Peroxidation Was Decreased by CuCsSLN

There was a significant elevation in MDA ( $P < 0.001$ ) in celecoxib group in comparison with control (► **Fig. 2b**). The groups which were cotreated celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) showed apparent reductions in MDA when compared with celecoxib group ( $P < 0.001$ ), but no difference in MDA levels was observed when compared both group celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) together. Also, no significant changes in the MDA levels were observed when the isolated cardiomyocytes were treated with CuCsSLN ( $1 \mu\text{g/ml}$ ) and curcumin ( $10 \mu\text{M}$ ) alone as compared with control group.

### Celecoxib-Induced Glutathione Depletion Was Reduced by CuCsSLN

The contents of GSH and GSSG significantly ( $p < 0.001$ ) increased and decreased respectively in the isolated cardiomyocytes treated with celecoxib ( $20 \mu\text{g/ml}$ ). A significant recovery ( $p < 0.001$ ) in GSH content and a significant decrease in GSSG was observed when the isolated cardiomyocytes cotreated with celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) in comparison with celecoxib group ( $P < 0.001$ ), but did not observe significant different in the contents of GSH and GSSG when compared both group celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecox-

ib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) together. CuCsSLN ( $1 \mu\text{g/ml}$ ) and curcumin ( $10 \mu\text{M}$ ) alone did not show any change in the isolated cardiomyocytes GSH content and GSSG when compared with control group (► **Fig. 2c–d**).

### Celecoxib-Induced ROS Formation Was Reduced by CuCsSLN

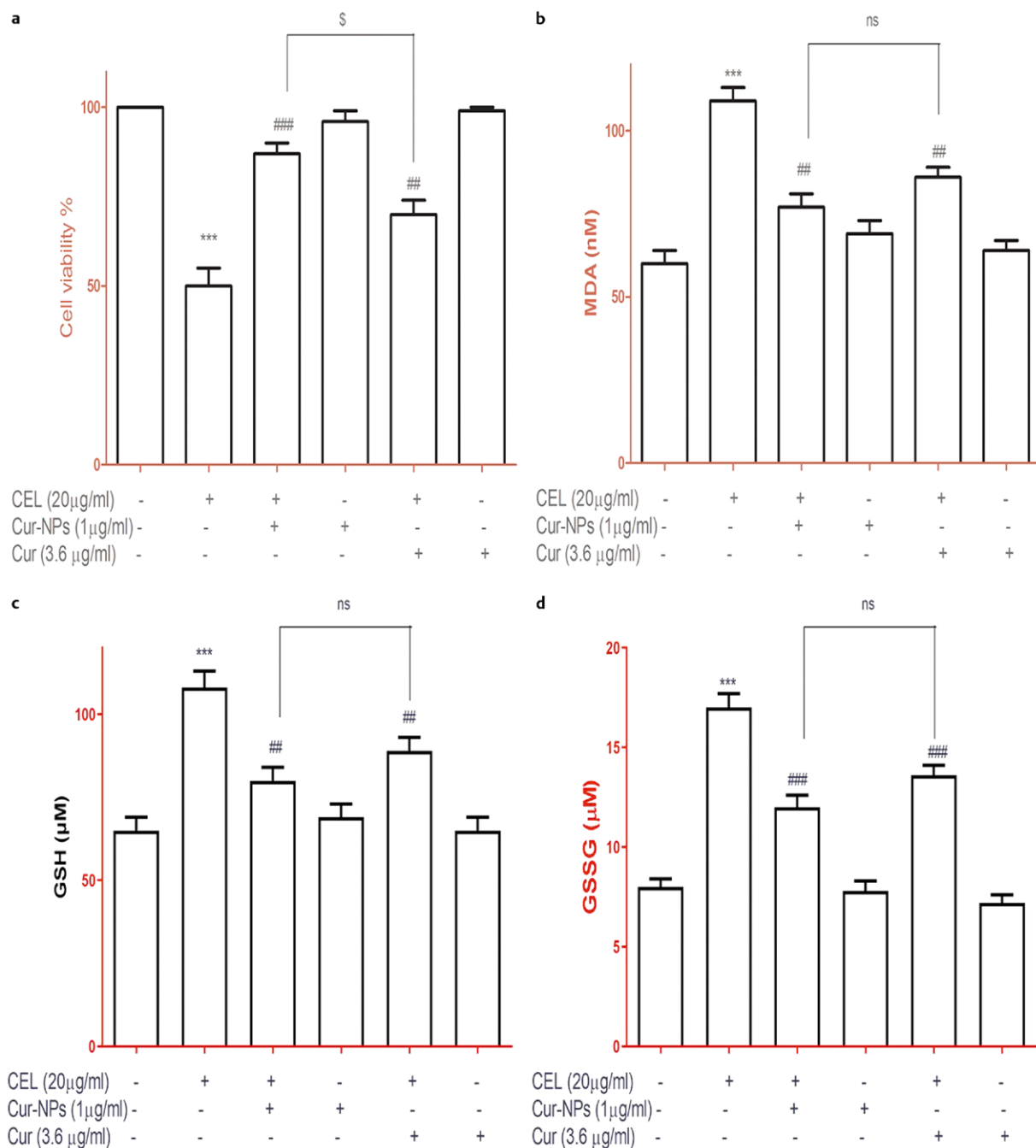
As shown in ► **Fig. 3**, ROS formation considerably increased in celecoxib group when compared to control group ( $P < 0.001$ ). However, cotreatment with celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) significantly decreased ROS formation ( $P < 0.001$ ) in comparison with celecoxib ( $P < 0.001$ ), but did not observe significant different in mean of fluorescence intensity of DCF when compared both group celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) together. No significant changes in the isolated cardiomyocytes ROS formation were observed when the isolated cardiomyocytes were treated with CuCsSLN ( $1 \mu\text{g/ml}$ ) and curcumin ( $10 \mu\text{M}$ ) alone as compared with control group.

### Celecoxib-Induced Mitochondrial Damages Was Decreased by CuCsSLN

As shown in ► **Fig. 4**, following celecoxib treatment ( $20 \mu\text{g/ml}$ ), the fluorescence intensity of rhodamine-123, as an indicator of MMP collapse, increased significantly in the isolated cardiomyocytes as compared to the control group ( $P < 0.001$ ). However, the fluorescence intensity of rhodamine-123 was significantly decreased ( $P < 0.001$ ) when the isolated cardiomyocytes cotreated with celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) in comparison with celecoxib group ( $P < 0.001$ ), but did not observe significant different in mean of fluorescence intensity of rhodamine-123 when compared both group celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) together. Also, no significant alteration in MMP collapse was observed when the isolated cardiomyocytes were treated with CuCsSLN ( $1 \mu\text{g/ml}$ ) and curcumin ( $10 \mu\text{M}$ ) alone as compared with control group.

### Celecoxib-Induced Lysosomal Membrane Destabilization Was Ameliorated by CuCsSLN

As shown in ► **Fig. 5**, following celecoxib treatment ( $20 \mu\text{g/ml}$ ), the fluorescence intensity of acridine orange, as an indicator of lysosomal membrane destabilization, increased significantly in the isolated cardiomyocytes as compared to the untreated control group ( $P < 0.001$ ). However, the fluorescence intensity of acridine orange was significantly reduced ( $P < 0.001$ ) when the isolated cardiomyocytes cotreated with celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) in comparison with celecoxib group ( $P < 0.001$ ), but did not observe significant different in the fluorescence intensity acridine orange when compared both group celecoxib ( $20 \mu\text{g/ml}$ ) + CuCsSLN ( $1 \mu\text{g/ml}$ ) and celecoxib ( $20 \mu\text{g/ml}$ ) + curcumin ( $10 \mu\text{M}$ ) together. Also, no significant change in the fluorescence intensity of acridine orange, as an indicator of lysosomal membrane destabilization was observed when the isolated cardiomyocytes were treated with CuCsSLN ( $1 \mu\text{g/ml}$ ) and curcumin ( $10 \mu\text{M}$ ) alone as compared with control group.



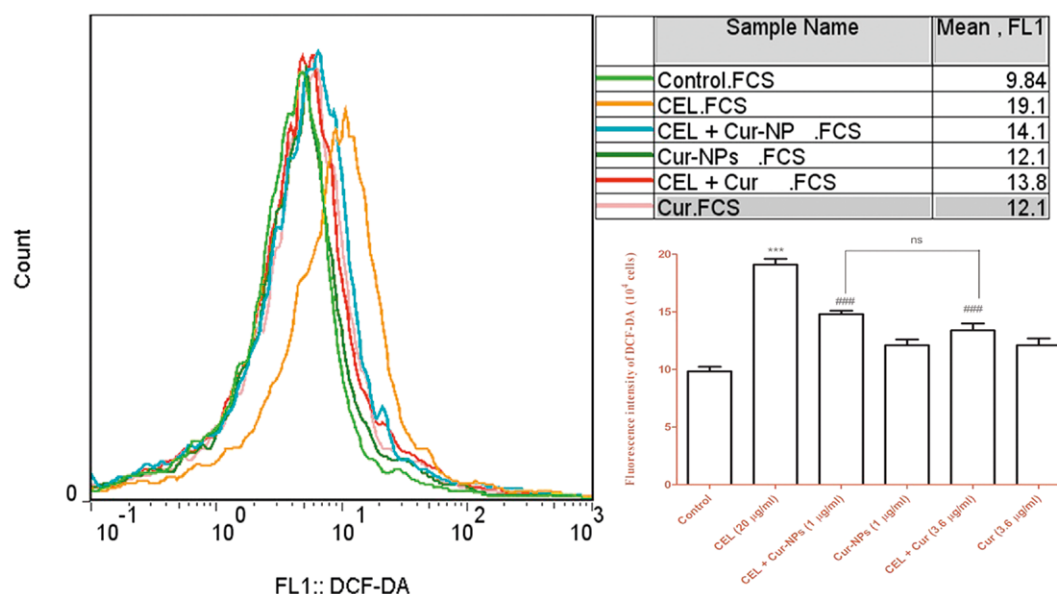
► **Fig. 2** CuCsSLN and curcumin reduce cytotoxicity GSH depletion induced by celecoxib in rat isolated cardiomyocytes. **(a)** Representative MTT assay rat isolated cardiomyocytes treated with celecoxib (20 μg/ml), CuCsSLN and curcumin at 4 hours. **(b)** Addition of CuCsSLN and curcumin decreases celecoxib-induced lipid peroxidation in rat isolated cardiomyocytes. Representative measurements of lipid peroxidation following celecoxib exposure (4 h) in the presence or absence of CuCsSLN or curcumin in rat isolated cardiomyocytes. **(c)** GSH content significantly decreased in celecoxib-treated rat isolated cardiomyocytes while cotreatment CuCsSLN or curcumin with celecoxib obviously increased the GSH content in rat isolated cardiomyocytes. **(d)** Also, celecoxib significantly increased the GSSG content in rat isolated cardiomyocytes after 4 h of exposure while CuCsSLN or curcumin significantly decreased the GSSG content in the presence of celecoxib. Results are shown as mean ± SD, n = 3 technical replicates. All experiments were repeated at least three times. \*\*\* p < 0.001: control versus celecoxib; ### p < 0.001: celecoxib + CuCsSLN or curcumin versus celecoxib-treated rat isolated cardiomyocytes; ANOVA, Tukey's test.

## Mitochondrial functionality in Isolated Mitochondria

The results of SDH activity on the isolated mitochondria, are shown in ► **Fig. 6a**. There is a significant decrease in SDH activity in

celecoxib (20 μg/ml) group as compared with control group (P < 0.001). The groups which were cotreated with celecoxib (20 μg/ml) + CuCsSLN (1 μg/ml) and celecoxib (20 μg/ml) + curcumin





► **Fig. 3** CuCsSLN and curcumin decrease mitochondrial ROS formation. Mitochondrial ROS formation was analyzed by means of fluorescence intensity of DCFH-DA following celecoxib exposure (4 hours) in the presence or absence of CuCsSLN or curcumin in rat isolated cardiomyocytes. Bar graphs with statistics. Data are presented as mean  $\pm$  SD,  $n = 3$ , independent experiments repeated at least 3 times, \*\*\*  $p < 0.001$ : control versus celecoxib; ###  $p < 0.001$ : celecoxib + CuCsSLN or curcumin versus celecoxib-treated rat isolated cardiomyocytes; ANOVA, Tukey's test.

(10  $\mu$ M) increased SDH activity in comparison with celecoxib group ( $P < 0.01$ ). Also, the group which were cotreated with celecoxib (20  $\mu$ g/ml) + CuCsSLN (1  $\mu$ g/ml) increased more SDH activity in comparison with celecoxib (20  $\mu$ g/ml) + curcumin (10  $\mu$ M) ( $P < 0.01$ ). No significant decrease in the SDH activity was observed when isolated mitochondria were treated with CuCsSLN (1  $\mu$ g/ml) and curcumin (10  $\mu$ M) alone when compared with control group.

### Celecoxib-Induced Mitochondrial Swelling Was Decreased by CuCsSLN

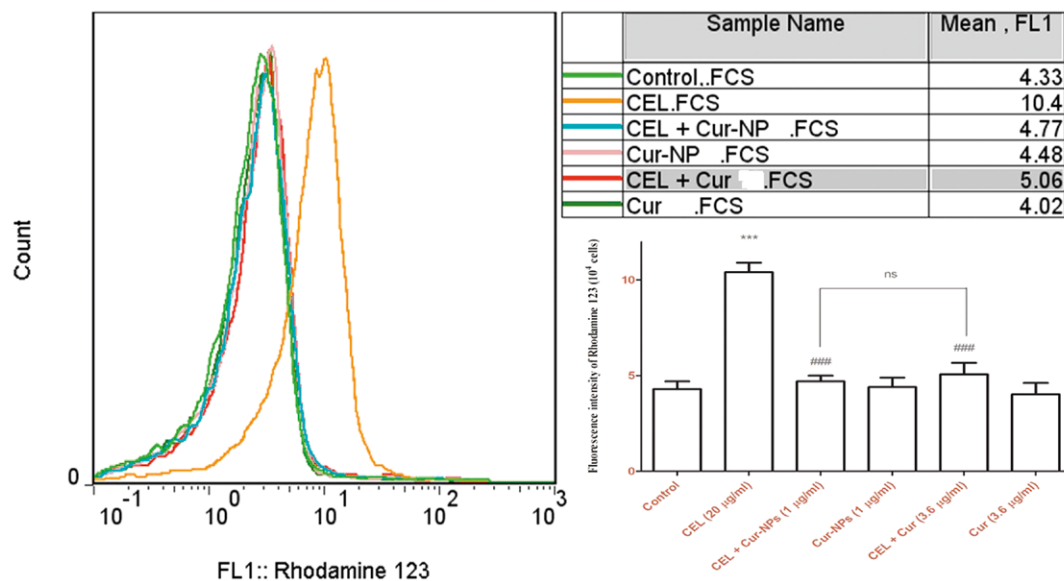
As shown in ► **Fig. 6b**, following celecoxib treatment (20  $\mu$ g/ml), the decreased absorbance at 540 nm, as an indicator of mitochondrial swelling, decreased significantly in the isolated mitochondria as compared to the control group ( $P < 0.001$ ). However, the decreased absorbance at 540 nm was significantly increased ( $P < 0.001$ ) when the isolated mitochondria cotreated with celecoxib (20  $\mu$ g/ml) + CuCsSLN (1  $\mu$ g/ml) and celecoxib (20  $\mu$ g/ml) + curcumin (10  $\mu$ M) in comparison with celecoxib group ( $P < 0.001$ ), but did not observe significant different in the decreased absorbance at 540 nm when compared both group celecoxib (20  $\mu$ g/ml) + CuCsSLN (1  $\mu$ g/ml) and celecoxib (20  $\mu$ g/ml) + curcumin (10  $\mu$ M) together. Also, no significant change in the decreased absorbance at 540 nm was observed when the isolated mitochondria were treated with CuCsSLN (1  $\mu$ g/ml) and curcumin (10  $\mu$ M) alone as compared with control group.

## Discussion

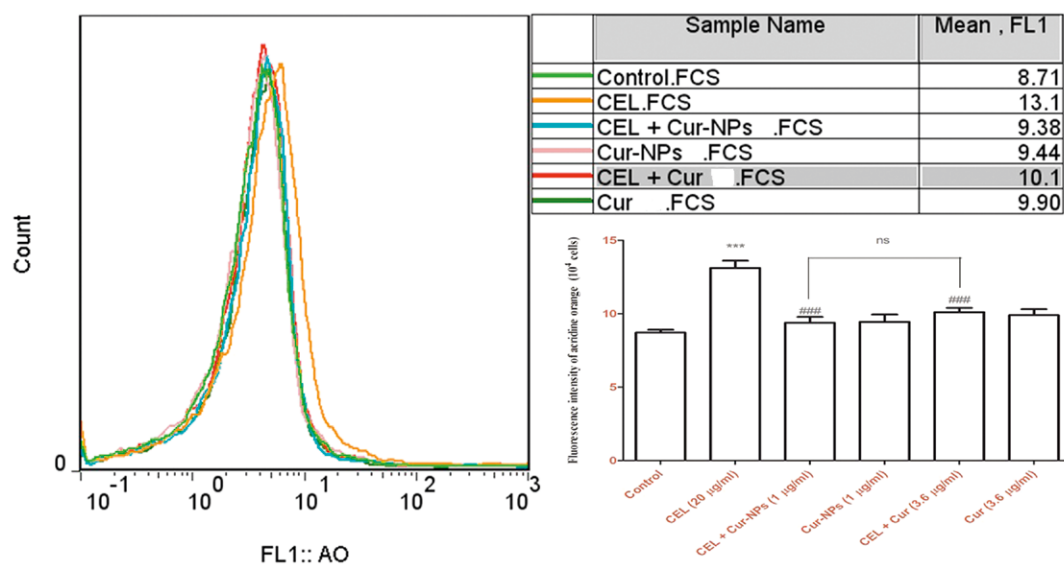
Our previous studies and other authors have been reported that curcumin shows a wide range of good therapeutic effects including antioxidant, anti-inflammatory, antiviral, anti-fungal, antibac-

terial, chemoprotective, tissue protective, immuno-modulating, metabolism regulating, anti-depressant and anticancer properties [38]. Issues which greatly limit the usefulness and effectiveness of curcumin are its rapid metabolism to inactive metabolites and low bioavailability attributed to water insolubility [38]. Curcumin practically insoluble at room temperature in water at acidic and neutral pH and it is very susceptible to auto-degradation. Hence, there are various formulations to enhance dispersibility or solubility with the goal of enhancing bio-efficacy and bioavailability of curcumin [38]. Several delivery systems such as nano-emulsions, solid lipid nanoparticles, liposomes, micelles, microemulsions, microgels, phospholipid complexes, emulsions, nanostructured lipid carriers and biopolymer nanoparticles [38]. These delivery systems enhance efficacy and bioavailability of curcumin through preventing possible degradation in the gastrointestinal tract and optimal permeation in the small intestine [38]. In this study, we prepared a curcumin-loaded chitosan nanoparticle to facilitate uptake from the intestinal tract, protecting against rapid metabolism, and increase interaction with cell surface molecules to enter the cell via clathrin mediated endocytosis.

The carriers of nanoparticulate drug/gene have increased much attention in the recent years because of their tunable and versatile properties [39]. Use of materials with properties such as biodegradable, biocompatible, safe and non-toxic can be further enhanced the efficacy of the therapeutic agents [39]. Polysaccharides-based nanoparticles are an emerging class of biopolymers with above mentioned properties. Chitosan is a natural polysaccharide similar to the cellulose with a net positive charge which is composed of repeating units of D-glucosamine [40, 41]. Because of excellent properties of chitosan such as neuroprotective behaviours, anti-inflammatory, natural antibacterial and good biocompatibility, today this



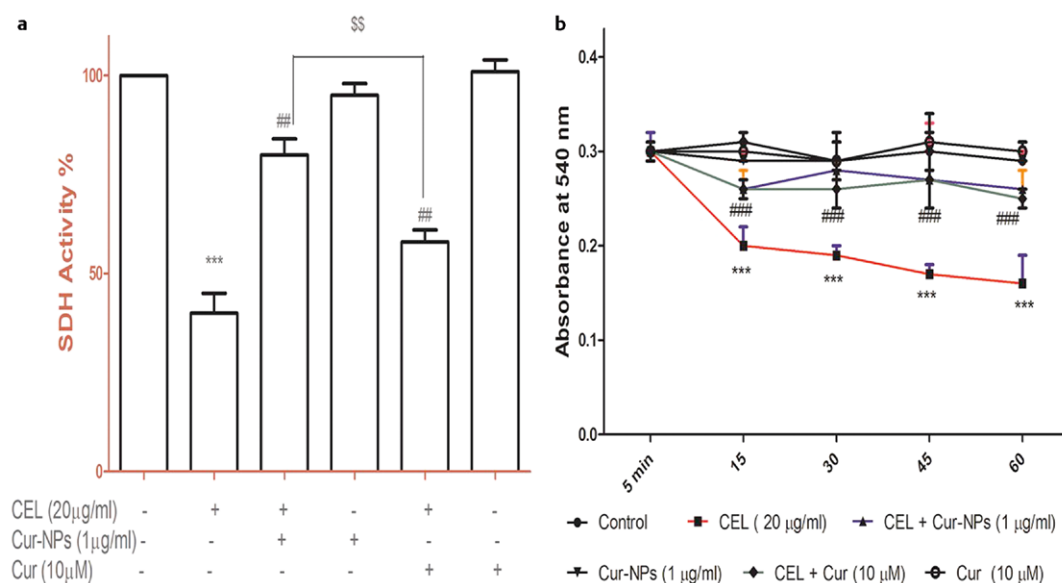
► **Fig. 4** CuCsSLN and curcumin decrease mitochondrial damages. Mitochondrial membrane potential collapse was analyzed by means of fluorescence intensity of rhodamine 123 as a cationic dye following celecoxib exposure (4 hours) in the presence or absence of CuCsSLN or curcumin in rat isolated cardiomyocytes. Bar graphs with statistics. Data are presented as mean  $\pm$  SD,  $n = 3$ , independent experiments repeated at least 3 times, \*\*\*  $p < 0.001$ : control versus celecoxib; ###  $p < 0.001$ : celecoxib + CuCsSLN or curcumin versus celecoxib-treated rat isolated cardiomyocytes; ANOVA, Tukey's test.



► **Fig. 5** CuCsSLN and curcumin decrease lysosomal integrity. Lysosomal integrity was analyzed by means of fluorescence intensity of acridine orange following celecoxib exposure (4 hours) in the presence or absence of CuCsSLN or curcumin in rat isolated cardiomyocytes. Bar graphs with statistics. Data are presented as mean  $\pm$  SD,  $n = 3$ , independent experiments repeated at least 3 times, \*\*\*  $p < 0.001$ : control versus celecoxib; ###  $p < 0.001$ : celecoxib + CuCsSLN or curcumin versus celecoxib-treated rat isolated cardiomyocytes; ANOVA, Tukey's test.

natural polysaccharide is the most common polymer used for drug or gene delivery [42]. In vivo, enzymes such as lysozyme and chitosanase can enzymatically degrade chitosan into to N-glucosamine, which is naturally present in the body [43]. It has been reported that chitosan nanoparticles, because of its net positive charge tend to make interactions with negative charged proteins

at the cellular surface and form clathrin vesicles. Then these vesicles slump into the cytoplasm from the plasma membrane and fuse with lysosomes/endosomes compartments. The acidity of the lysosome and presence of enzymes, leads to the breaking of chemical bonds and structure of chitosan nanoparticles and rapid release of burden. Previous studies showed that chitosan nanoparticles



► **Fig. 6** CuCsSLN and curcumin increased SDH activity in rat isolated mitochondria after exposure with celecoxib. **(a)** Representative MTT assay rat isolated mitochondria treated with celecoxib (20 μg/ml), CuCsSLN and curcumin at 1 hours. **(b)** Mitochondrial swelling was monitored by following 540 nm absorbance decrease. Celecoxib induced mitochondrial swelling in in isolated rat heart mitochondria in a time depending manner. CuCsSLN and curcumin significantly inhibited mitochondrial swelling compared to treated groups with celecoxib. Results are shown as mean ± SD, n = 3 technical replicates. All experiments were repeated at least three times. \*\*\* p < 0.001: control versus celecoxib; ### p < 0.001: celecoxib + CuCsSLN or curcumin versus celecoxib-treated rat isolated cardiomyocytes; ANOVA, Tukey's test.

with good spherical monodispersity and positive surface increased the cellular uptake of the burden, through the caveolae-mediated endocytosis and macropinocytosis pathway [44]. It has been reported that comparing the cellular uptake of chitosan molecules and chitosan nanoparticles showed two times higher interaction with chitosan nanoparticles than that of chitosan molecules. Previous studies have proved that clathrin is the major route for cellular uptake of the chitosan nanoparticles. It has been reported that clathrin-mediated endocytosis in cardiomyocytes plays a critical role in uptake of exogenous agents [45]. These findings suggest that the nanoscale particles of chitosan results in a greatly improved cellular interaction and transport via cell membrane [46]. In another study has shown that chitosan nanoparticles can cause stronger alterations in the general membrane composition, fluidity of membrane lipids and distribution of membrane proteins [47].

NSAIDs are associated with cardiovascular adverse effects [17]. A loss of heart mitochondrial function is considered as a factor of cardiotoxicity [48]. Mitochondrial membrane permeability transition (mPT) and has been suggested as one of the main mechanisms of drug induced cardiotoxicity [49]. Decline in mitochondrial function has a main role in drug and chemical-induced cardiotoxicity [50]. A recent study showed that celecoxib dose-dependently induced mitochondria swelling, uncoupling activity and increase of the oxygen consumption rate [51]. Also, celecoxib showed exert inhibitory effects on the electron transport chain [51]. Alterations in MMP, decline respiratory chain activity lead to increase mitochondria-based oxidative stress [52]. Our results on rat heart isolated cardiomyocytes and mitochondria showed that celecoxib induces cytotoxicity, ROS formation, mitochondrial and lysosomal

damages, depletion of glutathione, oxidative stress, mitochondrial swelling and mitochondrial dysfunction. Our results are consistent with previously published data examining effect of celecoxib on cell and mitochondria.

Use of mitochondrial/lysosomal protective agents and antioxidant seem to be the most promising approaches to protect or treat drug-induced cardiotoxicity [53]. Therefore, more attention has been focused on developing mitochondrial/lysosomal protective agents and antioxidant [53]. Mitochondria are the main site of ROS formation during the enzymatic activity of electron transport chain [54]. Impairment of mitochondrial dynamics and uncontrolled generation of ROS result in mitochondrial damages and structural changes of cellular proteins, lipids, DNA and enzymes [55]. Therefore, a crucial step in the treatment of a cardiotoxicity is targeting of oxidative stress and mitochondrial dysfunction by antioxidants and mitochondrial protective agents. To protect oxidative stress and mitochondrial dysfunction, different agents have been introduced and applied to preclinical and clinical studies [56]. In this study we observed that CuCsSLN and curcumin can reduce cellular and mitochondrial toxicity parameters after exposure with celecoxib. It has been reported that curcumin has mitochondrial and cardioprotective effect against doxorubicin-induced injury [57]. Also, curcumin's cardioprotective effects are related with maintaining mitochondrial function [58]. Our results in here is consistent with previously published data examining mitochondrial and cardioprotective of curcumin. In a number of experiments, our data indicated that the effect of CuCsSLN were significantly better than that of curcumin which shows the role of formulation in increasing efficiency of curcumin.

In conclusion, we demonstrated that celecoxib directly induces cytotoxicity, oxidative stress and mitochondrial/lysosomal impairment in isolated cardiomyocytes and mitochondria. Also, we confirmed that CuCsSLN and curcumin has a potential to inhibit cytotoxicity, mitochondrial/lysosomal dysfunction and oxidative stress induced by celecoxib. In a number of experiments, the effect of CuCsSLN were significantly better than that of curcumin which shows the role of chitosan nanoparticles in increasing efficiency of curcumin. The limitation of current study this is which these data must be verified by animal trials and clinical trials, to establish the effects of CuCsSLN and curcumin.

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## Conflict of Interest

The authors declare that they have no conflict of interest.

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