

## Summary

Smoking causes about 3500000 death Annually in the world. This phenomenon is as a pandemic. Unfortunately this unpleasant habit has disseminated among different societies and even students.

For this we studied the prevalence of smoking in students of Medical science University of Ardabil.

1106 students of Ardabil university medical science were studied by questionnaire. And analysed by SPSS.

The findings are as follows: 7.4 percent of the participants were smoker (82 persons), 88 percent of them were males and 12 percent were females. 8.5 percent of the smokers were married and 91.5 percent were unmarried. 28 percent were living in Ardabil and 72 percent from other cities.

45 percent of these persons have said that they consume cigarette daily. 53.7 percent started smoking in the university and 56 percent of their parents were unaware about their smoking.

84.1 percent smokers told that they will recommend to stop of cigarette in future. 28 percent of smokers had not satisfaction from their studying in university.

The causes of use of smoke are as follows:

1- Intimlty with smokers.

2- Self - gratification and acquirng enjoyment.

3- Cigarette consumption among family.

4- Sentimental problems.

5- Amusement and recreation.

**Key words:** University student, smoking, stop of cigarrete.