The survey of delay in treatment of psychosis in patients referring to Fatemi Hospital in Ardabil and Razi Hospital in Tabriz and effective factors on them in 1388

ABSTRACT:

Objective and background: One of main goals in treatment planning related to psychiatric disorders is early diagnosis of patients with early psychosis period so that to decrease Duration of Untreated Psychosis (DUP) in patients and also to improve the treatment response and outcome. The aim of this study was to investigate the delayed treatment of psychosis and factors affecting it.

Methods: In this cross-section study 40 patients from the psychiatric clinic of Fatemi Hospital in Ardabil and 40 patients from the psychiatric clinic of Razi Hospital in Tabriz who were diagnosed with the criteria of DSM-IV in the first-episode psychosis were interviewed. The questionnaires were designed on the basis of things said by the patients and the relatives. The data were analyzed thorough statistical software.

Results: In this study mean of DUP basis on symptoms of psychosis in patients referring to Razi Hospital were 750 days and patients referring to Fatemi Hospital were 234 days. In Razi Hospital male patients were more than the female patients but in Fatemi Hospital Female patients were more than the Male patients.

In Fatemi Hospital 65% of the patients and in Razi Hospital 32.5% of patients considered referring to the psychiatrist as (hard and very hard).

Conclusion: The mean of delayed treatment is higher in compares with the one in developed countries. In delayed treatment the following factors were effective: education, job, misbelieves like referring to the medicine man and low level of culture in referring to the psychiatrist.

Key words: First episode of psychosis, duration of Untreated Psychosis, Psychosis.