

Abstract

Pain following abdominal surgery is an unpleasant sensory and affective experience that can contribute to postoperative complications, prolonging hospitalization and recovery. pain is not always controlled by prescribed analgesics.

Objective: To determine the effect of voice of HOLLEY QURAN on pain experience after cesarean section.

Design: This is a quasi - experimental study. A visual analogue pain scale, a questionair, a check list was used to assess patient's perception of pain, their pain intensity and behavioral and physiological responses to pain.

Setting: Obstertics _ Gynecology center of Tabriz - Medical - Science University.

Samples: 58 nulliparous pregnant women aged 20-30 years admitted for cesarean delivery were randomly assigned into two groups: case and control. The case group was wearing headphone and listening to voice of HOLLEY QURAN.

Results: The results indicated that there was a significant decrease in pain intensity of case group ($P = 0.01$).

Conclusion: Base on the findings, the researcher suggestes the use of voice of HOLLEY QURAN for decreasing of postoperative pain.

Key words: voice of HOLLEY QURAN, pain after cesarean section.