Abstract

Introduction: nowadays coronary artery disease is the most common couse of death in developed countries and the whole world. According to the WHO,it will be the main couse of death in 2020. Myocardial infarction is the most common diagnose in hospitalized patients in industrialized countries. This disease cousese more mortality and morbidity than other disease. Coronary Artery Bypass Grafting surgery (CABG,s) is one of the treatments of ischemic heart disease. but it may has some complication. in this study we wanted to evaluated the incidence of CABG,s complications in Ardebil Imam Khomeini hospital in the first mounth.

Materials and methods: this study was a cross sectional analytic descriptive type and was done in all of the patients who preformed CABG,s ,refered to Ardebil Imam Khomeini hospital in 2011-2012. All of the data of patients (like demographic informations, past medical history, physical exam findings, paracilnic findings and CABG,s complications) after gathering, were inserted in special forms, and were analysed via SPSS v.16.

Results: in this study, 211 patients were examined that 145 (68.72%) patients were males and 66 (31.28) were female. 70 (33.17%) patients were in > 70years old group. 33.22% of patients had a history of smoking and 9.95% were opioid abused. 34.12% had hypertension (HTN) history. 40.28% had diabete mellitus(DM). 17.06% had history of hyperlipidemia. 63.98% of patients had a history of the previous MI. Chest pain with 93.36% prevalence was the most common compilications of patients. According to our study the prevalence rate of post CABG,s compilications were: bleeding ofter surgery 13.27%, postoperative infactions 8.05%, neurological disorders 12.32%, renal complications 2.36%, respiratory symptoms 11.37%. and 34.59% had cardiovascular complications. Also the total mortality was 5 (2.36%) person. The data analysis showed that there was a significant relationship between sex with survival status, local infection and neurological disorders, and also there was a significant relationship between age with post CABG,s survival, bleeding after surgery and renal complications there was a significant relationship between DM with post CABG, survival, local infections and respiratory complications. Also there was a significant relationship between HTN and local infections.

Conculusion: according to the results of this study, the most common post CABG,s complications were cardiovascular complications, specially arrhythmias.therefore this patients require additional cardiovascular attention and care.