

Evaluation of the reasons of caesarean section in ARDABIL -2015

Abstract

Background & Objective: The World Health Organization has reported that the maximum acceptable rate of cesarean based on real and practical indications is 15 percent, while rate of cesarean in Iran 50% to 60% and even in some private centers 87% is reported. Therefore The aim of this study was to investigate the causes of cesarean section and its factors in Ardebil.

Methods: In this retrospective study, all pregnant women are referred to have given birth with cesarean delivery during a month in 2015 in Arta , Alavi ,Gaem and TaminEjtemaee hospitals and other hospitals in the province's deputy in Ardabil that under the supervision of medical university and has maternity ward, were evaluated. In this way, the information in the form of a questionnaire that is completed for each of the mothers, were recorded and analyzed.

Results: Most of cesarean section in Alavi Hospital (22/36%) have been conducted. Most reasons of cesarean was duplicate in the cesarean delivery (41%) and most mothers had two parity. (46%) and the mean duration of hospitalization was three days. (45%)

Conclusion: recent study only examines and describes common causes of Cesarean in Ardabil province and recommended that a comprehensive study taking into account existing limitations to assessment of vaginal delivery and cesarean and comparing the results to be made.

Keywords: Pregnancy, Cesarean section, Delivery