

The Lived Experiences of Hospitalized Patients in Open Heart Surgery Intensive Care Unit of Art in Nursing Care

Abstract

Background and Objective: Although the emphasis of existing documentations and contemporary theories is that nursing is both science and art in care, the review of published studies suggests nursing science. So of special importance is the concept of nursing art. The aim of this study is to explain the lived experiences of hospitalized patients in open heart surgery intensive care unit of art in nursing care.

Methods: This qualitative study was conducted in 2017.in open heart surgery units of Vali-e-asr and Fatemeh Al-Zahra Hospitals (Mazandaran-Iran). Using purposeful sampling method, maximum variation and considering data saturation, 20 patients were participated in the study.The data collected through deep, semi-structured, and individual interviews. All of the interviews were recorded, transcribed line by line and analyzed using Van Manen interpretative phenomenology method.

Results: Three main themes were extracted of the analysis: "Mother care- angel care", "professional care", "presence", and the theme "satisfaction" as a consequence of the understanding care as masterpiece.

Conclusion: The findings showed that patients consider nursing care as an artistic personality that, with maternal compassion and gentleness of the angelic species, would be professionally provided, such care where the nurse has physical and mental presence leads to satisfaction of the patient. Such themes offer a more beautiful outlook than nursing; that nursing is beyond a job and is a professional life-affair. Achieving such maturity and evolution requires a fundamental transformation in nursing education and a more serious consideration to ethical issues, humanity artistic concepts.

Keywords: Caring, Art, Nursing care, Patient, Phenomenology, Open heart surgery, Intensive Care Unit